

Monday FEBRUARY 2020	Tuesday	Wednesday	Thursday	Friday
03 Pizza French Fries Green Beans Fruit Milk	04 Popcorn Chicken Wheat Roll Mashed Potatoes Peas Baked Apples Fruit Milk	05 Ham Sub-w-Cheese Or Italian Sub-w- Cheese Baked Cheetos Let/Tom/Onion/Ban. Peppers Baked Beans Fresh Carrots/Dip Fruit Milk	06 Lasagna -w-Cheese Garlic Bread Green Beans Garden Salad Fruit Milk	07 Chicken Noodle Soup With Grill Cheese Crackers Pickle Spears Fresh Cucumber Slices Fresh Grape Tomatoes Fruit Milk
10 Chicken Sandwich And PB Jelly Sanwich Let/Tom/Pickle French Fries Green Beans Fruit Milk	11 Steak/Gravy Or Chicken /Gravy Mashed Potatoes Steamed Broccoli Sweet Potatoes Wheat Roll Fruit Milk	12 Hotdogs-w-Chili Corn Baked Potato Fruit Milk	13 Sweet/Sour Chicken Or Orange Chicken Stir Fry Rice Stir Fry Vegetables Glazed Carrots Fruit Milk	14 (NO SCHOOL) Mid- Winter Break Happy Valentine's Day 
17 (NO SCHOOL) Mid-Winter Break 	18 Popcorn Chicken Wheat Roll Mashed Potatoes Steamed Broccoli Sweet Potatoes Fruit Milk	19 Big Daddy Pizza Garden Salad California Blend Fruit Milk	20 Chicken Tenders Cornbread Pinto Beans Turnip Greens Corn Fruit Milk	21 Chicken Sandwich Let/Tom/Pickle Glazed Carrots Baked Beans Fresh Broccoli Fresh Grape Tomatoes Fruit Milk
24 Breakfast For Lunch Chicken, Sausage Biscuit/Gravy Tater Tots Baked Apples Fresh Grape Tomatoes Fruit	25 Beef Teriyaki Nuggets or Popcorn Chicken Rice California Bld. Veg. Glazed Carrots Texas Toast Fruit -----	26 BBQ Sandwich Baked Beans Corn Baked Doritos Pickles/Onions Fruit Milk	27 Spaghetti-w-Meat Sauce-w- Meatballs Green Beans Garden Salad Garlic Bread Fruit Milk	28 Hamburger And Cheeseburger Let/Tom/Onion/Pickle French Fries Fresh Broccoli/Dip Fruit Milk

ALL STUDENTS EAT
BREAKFAST AND
LUNCH AT
NO COST!!

HIGH SCHOOL'S
ONLY 2ND CHOICE
PIZZA OR CHEF
SALAD OR
CHICKEN
SANDWICH



“This institution is an equal opportunity provider.”

Breakfast Menu Weekly K-12

Monday

- Combo (1) Chicken/ Biscuit Gravy And Omelet/ Biscuit Gravy and Fruit / Juice Milk
- Combo (2) Variety Cereal and Muffin and Fruit / Juice Milk

Tuesday

- Combo (1) French Toast Syrup-W- Bacon and Fruit / Juice Milk
- Combo (2) Variety Cereal and Muffin and Fruit / Juice Milk

Wednesday

- Combo (1) Sausage Biscuit Gravy and Fruit / Juice Milk
- Combo (2) Variety Cereal and Muffin and Fruit / Juice Milk

Thursday

- Combo (1) Scrambled Eggs –w- Bacon Toast or Toast Oatmeal and Fruit / Juice Milk
- Combo (2) Variety Cereal and Muffin and Fruit / Juice Milk

Friday

- Combo (1) Chicken/ Biscuit Gravy And Omelet/ Biscuit Gravy and Fruit/ Juice Milk
- Combo (2) Variety Cereal and Muffin and Fruit / Juice Milk

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1400 Independence Avenue, SW
Washington, D. C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov

This institution is an equal opportunity provider

All Students In Cocke County Eat Breakfast / Lunch At No Cost.

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